

*“Michael Basso has done it again! His updated Guide continues to be a must have for every teenager, parent and youth worker. Clear and accessible the Guide is a valuable resource for all.”*

Gretchen Noll,  
Deputy Director of Programs,  
National Network for Youth

*“Finally, a refreshing book that candidly addresses how to help teens navigate safely through early adolescence to adulthood instead of highlighting teens risk behaviors and problems. The Underground Guide to Teenage Sexuality gives teens explicit information by teaching them “how to” reach their full potential and personal best, understand and support their parents, face and overcome tough times, deal with emotional issues, avoid sexual abuse, and establish healthy relationships in their lives. I applaud Michael Basso for his well-informed and constructive way of speaking to the mind, body, and spirit of teenagers.” “The information you provided is certainly not found in other books that I have read. It is obvious that you have a finger on the pulse of what teens are thinking and a way of writing that speaks to the heart of issues for which teens want answers. Thank you for your openness.”*

Mary Vernon Smiley, MD, MPH.

*“Mr. Basso, the “master teacher,” has written a comprehensive, 1st rate, handbook on teenage sexuality and health issues. Open this book and one opens the doors of communication for parents and guardians with our youth. This is all about what teens should know, too afraid to ask, yet seem to have all the answers. The A to Z on sexuality, preparedness, and responsibility. A must for the maturing teen. ...sensitive...thought provoking...tell-all. Two thumbs, way, way up!!!”*

Dr. Marjorie P. Wessel,  
School Administrator

*“A great resource for parents and educators who are trying to figure out how to explain sexuality to teens!”*

Monica Rodriguez,  
Director of Information  
and Education,  
Sexuality Information and  
Education Council of the  
United States (SIECUS)

*“The updated version of The Underground Guide to Teenage Sexuality is most welcome. Teenagers (and their parents, caregivers, and teachers) need a comprehensive guide to their sexuality questions. Michael Basso’s questions and answers provide needed back-up to the information that teens are hopefully receiving at home, at school, and in their faith institution.”*

The Reverend Debra W. Haffner,  
Director,  
Religious Institute on  
Sexual Morality Justice, and Healing

*“Excellent resource for teens and parents who want to know how to answer their children’s questions. Easy to read format, good examples, non-judgmental approach is VERY welcome.”*

Barbara Humberman, RN, BSN,  
Masters of Education,  
Director of Education and Outreach,  
Advocates for Youth

*“Michael J. Basso's The Underground Guide to Teenage Sexuality is a clearly and wonderfully written book that will prove useful in both homes and classrooms. The question and answer style is easy to read and succinctly as well as completely deals with all manner of sexuality issues and concerns of teenagers. It would behoove parents to read this book along with their adolescents as it may provide a nice refresher course for them while opening up sexuality related dialogue with their teens. Unlike other sexuality related books aimed at teenagers, Basso's sketches in the often missing details such as exactly how sexual intercourse can take place. Importantly, he consistently encourages teens to look to their own values as they make decisions regarding their sexuality. He also reveals potential pitfalls to such teen plans and arms them with a repertoire of potential risk aversion techniques that apply to realistic situations in which teens may find themselves. For the above reasons, Basso's book would make a perfect accompaniment to comprehensive health education classes in secondary schools as well as for self-standing sexuality courses. The book provides a springboard for role-playing and class discussion, as well as other activities, from which teachers could easily derive lesson plans. I would adamantly recommend this book to students and their parents. I have served on statewide health text review committees and have seen no better treatment of sexuality. It is a humane, comprehensive, and practical guide and as far as I'm concerned has no equal peer for use in homes and classrooms. Kudos' to Michael Basso for writing the book which has been notably absent in text form, but hopefully its contents practiced in classrooms. His classroom experiences which were drawn upon for the book absolutely mirror mine and I'm sure most health educators across the country. It is just nice to see the informed experiences put into book form. Thanks!”*

Laura B. Pfefferkorn, Ph.D.

*“We found the Underground Guide to Teenage Sexuality a meaningful resource in guiding us, enlightening and empowering us to sensitively deliver to our youth and families the issues that matter most to their hearts. Also, the new topics are so connected and relevant to the multi-faceted challenges and callings of our youths in the Northern Mariana Islands.”*

Jackie A. Quitugua,  
Northern Mariana Islands  
Department of Education School  
Health & HIV Coordinator

*“The Underground Guide to Teenage Sexuality is a comprehensive resource for use in the classroom or in the home that will demystify issues of sex and sexuality. Young people will find Michael Basso’s style delightful and comprehensive. A MUST read for educators, parents, and teens themselves!”*

Debra Houser, MPH,  
Vice President, Advocates for Youth

*“The Underground Guide to Teenage Sexuality was purchased by the Health and Physical Education Program in 2000 as a resource to health education teachers around the state, and was included in training provided to teachers in the award winning Peer Education Program. The combination of real answers to real questions made this resource a hit with teens and health educators alike.”*

Dan Yahata,  
Hawaii State Department  
of Education  
Educational Specialist for  
Health and Physical Education

*“Clear, concise, and loaded with those unique Basso-isms sprinkled throughout this absolutely sterling book for teens and parents alike.”*

Marilyn K. Volker, EdD, Sexologist

*“Comprehensive guide for male as well as female adolescents. Pictures are well done and easy to understand. Very useful as a starting point of communication and dialogue between parent and child, or health provider and patient.”*

Shelley Bagri, APN, CPNP

*“The Underground Guide to Teenage Sexuality is a comprehensive, well thought out publication that I highly recommend schools to take advantage of within their curriculum. The information is delivered in a comfortable format, making it appealing to youth since it speaks in a language they can understand and relate to. I also appreciate the detail given to the emotions involved in a teen’s growth of sexuality. Nicely done!”*

Debra Love, High School Educator

*“The most comprehensive teen sexuality resource I have encountered! My 13-year-old niece wants my copy! It cleared up a question that a 49-year-old man had and I have been enlightened in areas where I had thought I was proficient. Masterful treatment of sensitive subject matter! I hope to purchase multiple copies for school use.”*

Cynthia High,  
HIV Prevention Director,  
TN Department of Education

*“The cartoons and illustrations are realistic without too much or too little detail and just humorous enough for teens to relate to and be of interest. The outline format of each chapter allows for scanning to find an immediate answer and for structuring the plethora of data without seeming overwhelming. Mostly, I appreciate the solid data with honest, supportive dialogue to hold attention and to refer teens to more resources.”*

Sandra Lawson, RN,  
Masters of Education

*“An exceptional book which I have used with my sons as the text reflects accurate and “to the point” information that is so vital to the quality of life for our young people. During our discussions, my senior high Sunday school class regularly utilizes information from this sensitive book.”*

David Poehler, Ph.D., CHES.

*“The Underground Guide to Teenage Sexuality is a helpful resource for parents, teenagers, and educators. The information is presented in an interesting and humorous manner that appeals to young people, while at the same time, updating adults on the pressures and issues teenagers are dealing with today.”*

Danielle Bachand, M.P.H.  
Former School System  
Health Coordinator,  
High School Health Educator

*"The Underground Guide to Teenage Sexuality helped me think of myself as a normal creature at a time when relatives and friends were persistently instilling in me negative ideas about sex. It allowed me to become knowledgeable about topics that people around me were clueless about, thus giving me all the necessary tools (including the room) to make informed and intelligent decisions. One important decision I made (probably at age 16) shortly after having read this book was to abstain from sex for a few years until I was psychologically and emotionally ready to embrace this life-changing experience, but most importantly, until I found a person who took me seriously and respected my body and my values. This book also helped me change my self-image by boosting my self-esteem and self-worth. This book's message was of extreme importance to me because it reinforced my desires to achieve and go places. Michael Basso helped me understand that I didn't want a careless and irresponsible act (unprotected sex and sex way before my time) to change the course of my life forever. His advice was influential in building my character and in my never ending mission at loving and taking good care of myself."*

Suleyki Medina, Past Student, BA  
Neuroscience, Smith College,  
Pre-Med. Candidate

*"My Peer Education students from a large metropolitan Senior High School reviewed several 'guide' books for teens and overwhelmingly chose Basso's Underground Guide to Teenage Sexuality to be placed on their high school library shelf.....They're right!"*

Karen L. Levin, RN, CHES, MPH,  
Peer Education Director-Miami, FL

*"Adolescent sexuality has many complexities that are clearly and thoughtfully addressed in this book. The nonjudgmental, inclusive approach will clear up any myths on the topic. Whether you're a teacher, parent or a teen, this book is a great resource for all of your questions."*

Jani Iverson,  
Vice President of Planning &  
Development,  
Planned Parenthood of  
Central Washington

*"This book is for anyone who understands how important it is to prevent STDs and HIV among youth. Also, this book is for anyone who believes that prevention, love and solidarity should be part of our lives, especially in the lives of our youth. This book helps adults to understand all of the physical, sexual, emotional and social changes happening in our adolescents and how they can positively impact their lives. "The Underground Guide to Teenage Sexuality" is a tremendous tool for adolescents, students, teachers, parents and anyone who is dedicated to promoting the health and well-being of our youth."*

Dr. Lily Blasini-Alcivar,  
Health Education Curriculum  
Consultant for Pearson Education

*“I have used ‘The Underground Guide to Teenage Sexuality’ in my teacher trainings, as well as distributed it to students and parents. I find the guide to be very informative, reality-based, and reader-friendly.”*

Joe Quinata,  
School Health Programs  
& HIV Coordinator,  
Guam Department of Education

*“The guide is down-to-earth and has a sense of simplicity. Most important is that it can be easily read by persons with learning disabilities. I use this guide as a supplement to the family life and human sexuality unit. It is the most borrowed book in my classroom by students.”*

Marian Damian,  
Secondary Health Teacher

*“I read this incredible book and was taken by surprise as I learned so much about human sexuality. I have passed the guide to my middle school son and he’s reading it like a test is due the next day.”*

Rebecca Duenas,  
Middle School Parent

*“The guide is easy to read and very informative. The book is currently being reviewed for the parent center for bilingual education.”*

Roke Alcantara,  
Program Coordinator  
State Bilingual Education Program

*“I am glad that I was given this book to read. It is very interesting and I have learned a lot from this guide. I am now sharing the information with my parents. They expressed some surprise and embarrassment as to some of the real stuff the guide mentions.”*

Theresa,  
High School Student

*"Clear, honest and straight-to-the-point. Michael Basso's book manages to answer the most often asked questions teens have about sexuality at their level, with a sense of humor."*

Susanne Montgomery, Ph.D.,  
M.P.H.,  
Professor, Loma Linda University,  
School of Public Health,  
Dept. of Health Promotion  
and Education,  
Dept. of Preventive Medicine

*"A MUST for parents/guardians and teens alike to read. Michael Basso creates teachable moments and opens the door for honest discussions between adults and young people."*

Ivy Lewis, B.A. Education,  
imPACCT Program Director,  
Loma Linda University  
Evaluation Research Unit

*"You treated us with dignity and understanding, and guided us through times that were often confusing and sometimes even life threatening. You respected us as human beings, and gave us the life lessons and information we needed to learn and to become confident in ourselves, our decisions, and our future. You showed us through your words and your actions that living happy, living long, and living successfully, were all within our reach if we took responsibility for ourselves. It was interesting in a way that you never told anybody what the right choice was. All you did was give both sides of the story, the good part and the bad, and then you let us, your students, your children, make our own choice without judging us according to the choice we made. Perseverance is the key word that I learned in your class."*

Folker Castellon,  
Past Student

*"I have never forgotten, nor will ever forget all that you taught us. I still tell my friends about lessons you gave me that have kept me safe. The information you provided us with and the way you delivered it to made all the difference in my life. Thank you."*

Marely Munoz,  
Past Student

*“Mr. Basso’s class enlightened me into everything I needed to know about life. He helped us build our own character and to think and grow as a responsible individual. The knowledge that he taught has stayed with me all these years and continues to help me think twice in the act of lust or stupidity. He as a teacher awakened the very best in each of us, and taught us how to apply knowledge to our own personal lives. I will always thank him for opening my mind and preparing me to take responsibility for my health and life as a sexual being. To this day, I practice what he taught me in class.”*

Lluvia Morales,  
Past Student